Marion Unit #2 K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Yogurt Parfait	Breakfast	Biscuits &	Pancakes w/Maple	Ham, Egg &
w/Granola &	Pizza	Sausage Gravy	Syrup & Sausage	Cheese on Bagel
Fruit				
10	11	12	13	14
* ** S	PRIN	IG B	REA	
17	18	19	20	21
Oatmeal	Scrambled Egg &	Biscuits &	Homemade	Sausage, Egg, &
OR	Cheese Taco	Sausage Gravy	Cinnamon Rolls	Cheese Biscuit
Yogurt				
24	25	26	27	28
Yogurt Parfait	Cheddar	Biscuits &	French Toast	Ham, Egg &
w/Granola &	Scrambled Eggs	Sausage Gravy	Sticks w/Maple	Cheese on
Fruit	& Smiley Fries		Syrup & Sausage	English Muffin
31			\ /	
Oatmeal				
OR				
Yogurt				
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	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
Adult	\$3.25	\$4.50

Cereal, Toast & Jelly
Offered Daily as Alternative
All Meals Served with Fruit
or Juice & Milk

Offer VS. Serve

Students do not have to take all food items, but at breakfast they must take 3 items including the juice or fruit. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and one item must be a fruit or vegetable.

MENU SUBJECT TO CHANGE
WITHOUT NOTICE DUE TO
AVAILABILITY OF FOOD

Rhonda Woods, Food Service Director 618-993-2321 rwoods@marionunit2.org

Marion Unit #2 is an equal opportunity provider and employer.

Marion Unit #2 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Hamburger	Chili	Chicken Sandwich	Pizza	
OR	OR	OR	OR	
BBQ Rib Patty	Cheesy Potato Soup	Spicy Chicken Sandwich	Deli Sandwich	Half Day School
				No Lunch
French Fries, Baked	Hot Dog, Carrots	Seasoned Waffle Fries,	Corn, Lettuce	
Beans, Fruit Cup	w/Ranch, Cake, Fruit	Steamed Broccoli	Salad, Fruit Juice	
	Juice	w/Cheese, Fruit		
10	11	12	13	14
5	PRIN	IG B	REA	
17	18	19	20	21
Cheeseburger	Sweet & Sour Chicken	Chicken Nuggets	Salisbury Steak,	Pizza
OR	OR	OR	OR	OR
Sloppy Joe	Teriyaki Meatballs	Deli Sandwich	Corn Dog	Fish Sandwich
French Fries, Baked	Steamed Rice,	Potato Wedges, Carrots	Mashed Potatoes,	Corn, Lettuce Salad,
Beans, Fruit Cup	Steamed Vegetables,	w/Ranch, Fruit	Green Beans,	Chips, Jello w/Fruit
	Fortune Cookie, Fruit		Cookie, Fruit Juice	
	Juice			
24	25	26	27	28
Hamburger	Spaghetti	Chicken Sandwich	Beef Quesadilla	Pizza
OR	OR	OR	OR	OR
BBQ Rib Patty	Meatball Sub	Spicy Chicken Sandwich	Chicken Quesadilla	Fish Sandwich
French Fries, Baked	Garlic Bread, Lettuce	Seasoned Waffle Fries,	Mexican Rice,	Corn, Lettuce Salad,
Beans, Fruit Cup	Salad, Pudding, Fruit	Steamed Broccoli	Refried Beans,	Chips, Jello w/Fruit
	Juice	w/Cheese, Fruit	Churro, Fruit Juice	
31				
Cheeseburger	9 <u>6</u>			
OR			-(1))-	
Sloppy Joe				
French Fries, Baked				
Beans, Fruit Cup	6		/ // //	
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	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
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AfterCats Snacks
Monday - Chips
Tuesday - Yogurt
Wednesday - Cereal
Thursday - Fruit Cup
Friday - Oreos

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